

## Patient Online Access



Did you know you can book appointments to see the GP/Nurse or HCA online on <https://patient.emisaccess.co.uk/> or via the Patient Access smartphone app?

To register, bring a form of ID into the Practice and you will be issued a

unique key which you will need when registering via the website.

There are members of staff available to help you register if needed!

## Polite Notice

**Surgery will be closed for LTI on every 2<sup>nd</sup> Thursday afternoon each month from 1pm till the following morning.**

## Winter Pressure

GP surgeries are under

greater pressure during the winter months. If you contact the surgery, our receptionist may ask a few questions to ensure that they deal with your call appropriately.

Appointments with a GP or Nurse Practitioner are problem sufficiently or 2 problems in less depth. Many of our patients discuss one problem in each appointment and have greater satisfaction in how the problem is dealt with. This also alleviates pressure and ensures the clinics run on time.

## Online consultations – now available!

We are excited to announce we now offer online consultations for our patients. Offering you a quick, convenient and secure alternative to coming into the practice. Many medical enquiries can be resolved without the need for a face-to-face appointment and online services enables you to access many of these services as you would expect.

They still allow you to access advice from your GP or nurse safely and efficiently, without booking an appointment. If the doctor or nurse feels you need to be seen they will arrange this. The service will be available via the practice website, visit [www.inspiremedicalcentre.com](http://www.inspiremedicalcentre.com).

## Extended Hours Appointments

We are able to offer a small amount of face to face and telephone

Telephone between 7.30am—8.00am (Fridays) and Monday 18.30pm – 19.00pm.

Face to Face appointments between 18.30pm – 19.45pm.



Heywood, Middleton and Rochdale  
Clinical Commissioning Group

**Did you know...**  
you can book to see a GP or nurse at evenings, weekends and bank holidays?

Patients registered with a GP surgery can access additional GP and nurse appointments from four hub locations across the borough at the following times:

6.30pm - 9pm weekdays  
8am - 6pm Saturdays and bank holidays  
10am - 1pm Sundays.



To book an appointment please speak to your GP receptionist or ring the central booking line on 0161 763 8292.

[www.gpcareservices.co.uk/thereforyou](http://www.gpcareservices.co.uk/thereforyou)



### Flu Vaccinations

If you are eligible and have not yet had your flu vaccination, please contact the reception to book an appointment. Eligible patients are:

- Anyone aged 65 and over
- Pregnant women
- Children and adults with underlying health conditions (Asthma, COPD, Heart conditions, Diabetes)
- Children ages 2-4

If you are at all unsure whether you or your children are eligible for the flu vaccination, please speak to

### Flu Vaccinations

## Signposting Directory

<b>Treatment Room (Single point of access)</b> <b>0161 763 8525</b>	<b>Living Well (Stop Smoking/Weight Management)</b> <b>01706 751 190</b>	<b>Family Planning &amp; Contraceptive Service</b> <b>0300 303 8565</b>	<b>Dental (for patients without a dentist)</b> <b>01706 676 367</b>	<b>Podiatry Direct</b> <b>0161 716 5888</b>
<b>Paediatric Nurses</b> <b>01706 676 777</b>	<b>Physio Direct</b> <b>0161 716 5888</b>	<b>Thinking Ahead</b> <b>01706 751 180</b>	<b>Dental (Out of Hours)</b> <b>0161 763 4242</b>	<b>7 Day Access</b> <b>0161 763 8292</b>

### Self-Referrals

The following services are available for you to self-refer if you require them. If you do not contact any of them be sure to mention that you are a patient at Inspire Medical Centre, so that your doctor received any corresponding paperwork.

**Podiatry self-referral form** There is a podiatry referral form available which allows patients to access podiatry services without seeing a GP first.

**Physio self-referral** There is a physio direct referral form also available for patients suffering from musculoskeletal problems.

**Living well** This service works with other organisations to support people to be healthier, happier and live longer by focusing on; stopping smoking, healthy eating, weight management and low mood

**Thinking ahead** Thinking Ahead helps with everyday issues that affect your mental wellbeing and provides professional support for more common mental health difficulties, such as anxiety and depression.